

### LOCKDOWN PRAYERS, WEEK 3.

That's another week of lockdown under our belts, so to speak – we're getting there!

Here are the third week's set of prayers for anyone who wishes to share in a time of prayer at noon every day (or whenever you can – God doesn't mind and neither do we!)

May we continue to hold onto God's presence with us, alongside us and within us – along with our own sense of being 'together in prayer'.

#### WEEK 3 (Sunday 22<sup>nd</sup> to Saturday 28th Nov)

THEME: COMFORT

IMAGE:



Comfy, old slippers....

That fit us, perfectly...

Moulded to the exact shape of our feet...

Which make us feel 'at home'...

We've travelled some miles together...

They're always there for us...

Welcoming us home – enfolding us.

PRAYER:

We come before you, Loving Lord God;  
united in prayer, hopeful in uncertain times.

Hear us, hold us, heal us, help us,  
for in you we place our trust.

We offer you all that we are, all that we think, all that we feel...  
...knowing that you understand and love us still.

Thank you for your promise to always be there for us. Amen.

BIBLE READING: ISAIAH 43:1-5a

'But now thus says the LORD, he who created you, O Jacob, he who formed you, O Israel:  
Do not fear, for I have redeemed you; I have called you by name, you are mine.  
When you pass through the waters, I will be with you;  
and through the rivers, they shall not overwhelm you;  
when you walk through fire you shall not be burned, and the flame shall not consume you.

For I am the LORD your God, the Holy One of Israel, your Saviour.  
I give Egypt as your ransom, Ethiopia and Seba in exchange for you.  
Because you are precious in my sight, and honoured, and I love you,  
I give people in return for you, nations in exchange for your life.

Do not fear, for I am with you.'

SHORT TIME OF QUIET REFLECTION – Thinking about how God gives us reassurance and comfort – and giving thanks.

PRAYER: *(a modern re-working of the prayer of St Teresa of Avila)*

Let nothing disturb us,  
nothing frighten us;  
all things are passing,  
God never changes!  
Patience gains all things;  
if we have God,  
we want for nothing;  
God alone suffices.  
Amen.